

Greyt News

A publication of Arizona Greyhound Rescue, vol. 3, no. 5

'Tis the Season for Giving...

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...at the Canine Blood Bank, that is! We all know about the great work that the American Red Cross does in collecting blood needed for human surgeries and transfusions. But did you ever wonder what do vets do when they need blood for a canine emergency? Some vets keep canine blood donors, dogs who live their lives at a vet's office, waiting for that emergency so they can be tapped for a donation. While this type of situation is as humane as the institution caring for the dog, it is hardly ideal. Especially when the most common dog kept for blood donation is a retired racing greyhound! Greyhounds make great blood donors, as they are quiet, used to living in a crate, and their veins are easy to see. But how sad that a racing dog might escape the racing kennel to go, not to a loving home, but to another crate in the back of an office!

Fortunately, there is another option, one that has finally come to Tucson. Just like the Red Cross, Southwest Veterinary Specialty and Emergency Center is currently in the process of establishing a canine blood bank for the greater Tucson area. Instead of keeping dogs solely for blood donations, this service will depend on volunteer donors, dogs and owners who are willing to come in and donate some blood. Dr. Melanie Gilbert and Justine Gilbert, CVT are in charge of the program.

Potential volunteers will be thoroughly tested before being considered for the program.

The testing will include:

1. The client will be asked to complete a comprehensive initial questionnaire. Dr. Gilbert will review the canine's medical history and living conditions to determine their initial eligibility.
2. An interview will be scheduled for the owners of the potential donor with Dr. Gilbert. Donor responsibilities will be established during this interview.

3. A complete physical exam will be completed at no charge by one of the emergency veterinarians. If the potential donor is found to be healthy, the laboratory panel will be submitted. This panel includes blood, urine and fecal samples.
4. If the laboratory values are within acceptable ranges, the dog will be accepted into the blood donor program.

Compensation:

1. Each donor will receive a complimentary physical examination by an emergency veterinarian.
2. Complimentary labwork will be run on each donor before they begin donating and then annually for as long as they remain in the program.
3. Should the need ever arise, each donor will be eligible to receive free units of blood or blood products at Southwest Veterinary Center equal to the number of units donated.
4. After each donation, the donor will receive monetary compensation in the amount of \$40, either in the form of a check or a credit to the client's account.

Eligibility Requirements:

Each canine must:

1. Be greater than 50 pounds.
2. Be within acceptable ranges on the laboratory panel.
3. Be current on vaccinations.
4. Be between 1 and 7 years of age.
5. Be spayed or neutered.
6. Be confined in a yard except for supervised excursions with owner.
7. Be a willing donor.

This could be a great service for Tucson, eliminating the need for any more greyhounds to live out

Cont. on pg. 2



TAG ALERT

One of the most important things a greyhound can have is a collar with a tag on it bearing his owners name and phone number.

These tags are for your greyhound's protection should they accidentally slip away. To give added protection, AGR is now selling a metal tag with our phone number on it and a number assigned to your hound. If your greyhound is lost, and we are notified, we can locate you through the assigned tag number. The cost is \$1.50 per tag. Please send the following information to us along with a check or money order and we will mail a tag to you immediately: Name, Address, Phone Number(s) (home, work, cell, etc.), and the name of your dog.

DO YOU HAVE A CRATE THAT BELONGS TO US?

We had such a wonderful response from our last newsletter we thought we would ask again. If you borrowed a crate from AGR, we need it back so we can help new adoptees adjust to their homes.

Please help us avoid the expense of purchasing new crates! To arrange a pickup call 886-7411

Cont. from pg. 1

their lives in cages at a veterinarian's office. If your dog meets the requirements, please consider offering the gift of life, both to an injured dog and to those blood-donor dogs who could finally come home.

If you would like to participate in the canine blood donor program, please call Dr. Melanie Gilbert or Justine Gilbert at Southwest Veterinary Specialty Center to schedule a preliminary appointment.

Southwest Veterinary Specialty and Emergency Center

141 E Fort Lowell Rd
Tucson, AZ 85705
520-888-4498

Adoptions

- Sonja (Ella)** - Grant & Willie Ross
- Bradley** - Lori & Bob Poppa
- Ursula** - Darrin & Alicia Belford
- Suede** - Darrin & Alicia Belford
- Stewart** - Breck & Erin Schuler
- Stephanie** - Michael & Debbie Downes
- Leo** - Scott Devereaux 20
- Dash** - Jean Rettus
- Loverboy** - Robert and Rebecca Crofts
- Josie** - Rich Braren
- Rudy** - Daniel de Araujo and Kimberly Fachtet
- Mario (Marz)** - Daniel Downing
- Babyface (Zoey)** - Donna Haywood
- Modesto (Ramsey)** - Bill & Paddy Rayl



Hounds Gone to the Rainbow Bridge

- Sussie** - beloved 10 year old hound of Sandy and Dan Wilson
- Kady** - beloved 10 year old hound of Catherine Underdown
- Calvin** - beloved 10 year old hound of Elizabeth O'Leary
- Jasmine** - beloved 9 year old hound of Liz Barene

Vital Statistics

Donations made in Memory of ...

Ethel C. Daniels

Mr and Mrs Carl Hester
Mr and Mrs James Hansen
Mr and Mrs B.L. Hansen
Mrs Shirley Tofflemire
Mr and Mrs Edward Quidas

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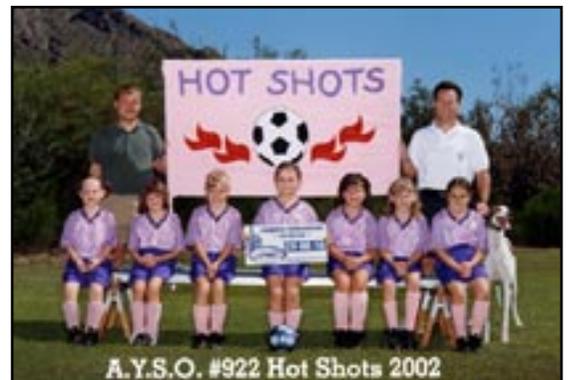
Linda Kangas, Secretary

AGR Sponsors a Soccer Team

By Dawn Melichar

This fall, AGR sponsored my daughter Gabby's AYSO 8 and under soccer team called the "Hot Shots". They do not keep score at this age group but the girls' performance improved each game they played. My greyhound, Snowy, was the team mascot. He went to all the practices, a couple of the games and is in the official team photo. The girls loved having Snowy around and their families became interested in greyhounds.

Thank you AGR for your wonderful support!



Bear's Path Gallery & You CAN Paint

Presents:

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**Paintings of Greyhounds in support of the
Arizona Greyhound Rescue**

*All Money from Raffle & Sale of Paintings goes To
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760-1416**



Participating Artists:

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Casey Butler
Lesley Carlson
Sheva Chess
Maggie-Rose Condit

Monika Einsporn
Mary Freeman
Diana Hansen
Andrew Lance
Robert Lee

Patricia Murray
Nancy Riechers
Chris Rodney
Betty Snowberger
Chelsey Trejo

CHANGE OF ADDRESS OR MOVING?

Are you planning to move?

Has your phone number changed? If we don't have your current information on file, we cannot notify you of upcoming events. But, most importantly, we can't contact you if your greyhound gets lost. It only takes a few minutes to let us know, so drop us a note or leave a message at 886-7411.

FAST FOOD

Cooking for Greyhounds: PART 2

Last time we discussed the value of feeding your hound(s) the highest quality kibble possible. This issue we will discuss alternatives to commercial dog food altogether – fresh home cooking! While nutrition (human, canine, or otherwise) can be made massively complex, there are two simple guiding principles I follow to insure a healthy home cooked diet. Build around protein and variety, variety, variety. The information that follows should be treated as a starting point for your own research – not as the ultimate answer.

Dogs are primarily carnivores and most canine nutritionists agree that they should receive between 18% and 22% of their daily caloric needs from animal protein. We will use the figure 20% in our calculations. The remainder of the diet should be made of approximately 50-60% simple and complex carbohydrates and 20-30% fat. A typical 70 lb. hound requires about 1500 calories per day (slightly less than your average dog of the same weight). A 50 pounder about 1350 and a 100 pound greyhound approximately 2000. Remember, metabolism and activity levels vary, so if you find your hound gaining or losing, you should feel free to make reasonable adjustments.

Using our 70 pound hound as an example, how much protein, fat, and carbohydrates then should we feed? Let's begin with the protein – 20% of 1500 calories is 300, the number of calories our our guy should be receiving from protein. Since a gram of protein has 4 calories, the number of grams of protein required per day is 75. This means that a 70 pound hound needs to be fed a meat source with about this number of grams of protein daily (preferably split into two meals). Determining how much meat that is is simply a matter of reading food labels. For example, a 1 pound log of ground turkey has an almost perfect 72 grams. Meat sources vary in protein content, but on the whole you can figure 1 pound of meat per day per 70 pound hound as a good rule of thumb. By the way, you should be sure to include both muscle meat (ground beef, turkey, chicken, fish fillets, etc.) and

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organ meat (liver, tripe, hearts, etc.) in your dogs diet. Including other non-protein sources, this one pound typically provides about 800 calories total.

Generally, the meat source itself will provide sufficient fat, even with the fat drippings drained, as is recommended, so our 700 remaining calories should be derived largely from carbohydrates – both complex (typical vegetables such as spinach, broccoli, cauliflower, etc.) and simple (the starches, such as potatoes, rice, and pasta). Generally I feed 2 cups of fruit and vegetables per day per 70 pound hound. This provides around 200-400 calories. Let's call it 300 in a typical case, leaving 400 calories free to come from a starch. This is the number of calories in about 3/4 cups of uncooked rice, which makes about 1 & 1/2 cups cooked. Therefore, an average day's feeding might consist of 1 pound meat, 2 cups fruit/vegetables, and about 1.5 cups cooked rice, split, as usual, between a morning and an evening meal. Again, if you find your dog losing or gaining too much weight, you can adjust these proportions.

Of course, protein, fats, and carbohydrates are not the whole story. Vitamins and minerals are crucial to health as well. Now, if you begin to delve into the literature, you can drive yourself quite mad trying to insure that the exact quantity of every micro-nutrient is met. My own philosophy is that feeding a wide variety of high quality foods will go a long way toward satisfying these needs. But the key here is variety. If you settle on one meal, such as chicken and rice and carrots, your hound will certainly suffer and would indeed be better off on a good kibble. But if you employ a range of different fruits, vegetables, meats, and starches daily, you should be covering the bases. I would also suggest providing a high quality vitamin and mineral supplement, but at the lower range of the recommended dosage since over-supplementing can be as harmful as the reverse. I use a supplement that suggests 1 to 2 capsules daily so I give just 1 capsule and provide it only 5 or 6 days a week. I am satisfied that this covers any of the rarer nutrient that might slip by. I do provide a calcium supplement as well since dogs' needs are much higher than those of humans. The



Illustration by Casey Jones

best place to go for the various supplements as well as more information on the subject is your local holistic dog food store (Tucson has several).

So, recipes? First we should say a few words about what NOT to feed your hound. Alcohol and caffeine should be obvious no-nos. Almost everyone is aware that chocolate is highly toxic to dogs and should never be given. Onions in any form (whole, powder, flakes) cause severe anemia and the effect is cumulative. Grapes and raisins are also toxic in high doses – but the occasional one or two should not cause any problem. Finally, although most commercial dog foods contain soy, it is difficult for many dogs, especially greyhounds, to digest and can cause severe gas! For the same reason, I feed beans only sparingly.

But that still leaves a wealth of meats and vegetables to choose from. Adhering to the guidelines above, here are some mix and match recipe options. The list is by no means exhaustive.

PROTEIN	STARCH	FRUIT	VEGETABLE
Ground Beef	White Rice	Applesauce	Broccoli
Liver	Brown Rice	Mixed Berries	Cauliflower
Stew Meat	Oatmeal	Banana	Carrots
Canned Tuna	Potato	Pears	Yams
Ground Turkey	Pasta	Cranberries	Green Beans
Canned Salmon	Whl. Wheat	Peaches	Peas
Catfish	Pasta	Mangoes	Red/Yellow/ Green Peppers
Chicken Breasts		Peanut Butter	Beets
Tripe			
Poultry Hearts/Gizzards			
Canned Mackerel			

I cook the meats as if they were to be served to a human – well enough to kill the bacteria but not so much as to dry it out. The vegetables and most fruits should be cooked as well since dogs have great difficulty digesting either raw. (Wild canids get theirs partially pre-digested from the stomachs of their prey.) Once prepared, all the ingredients can be semi-pureed with a hand mixer to make a delicious meal for your dog. (Don't feed huge chunks of anything.) While you might question some of the combinations, such as liver, oatmeal, and banana, your hound will not! I cook daily for five greyhounds, and while it certainly takes more

time than scooping some kibble out of a bag, it is not an arduous task. And remember, you do not have to begin by going fully over to a fresh diet – perhaps you'd simply like to cook for your hound once a week or once a day? Try it and see how much it is appreciated and what a difference it makes in their health and happiness!

Canine nutrition is a tremendously broad topic that we have only begun to outline here. A good starting point for more information is the book Dr. Pitcairn's Natural Health for Dogs and Cats and the newsletter, The Whole Dog Journal (www.whole-dog-journal.com). Have fun – your hound will!

Next issue – another alternative to kibble – feeding your dogs BARF (hint, it's an acronym!) Stay tuned!

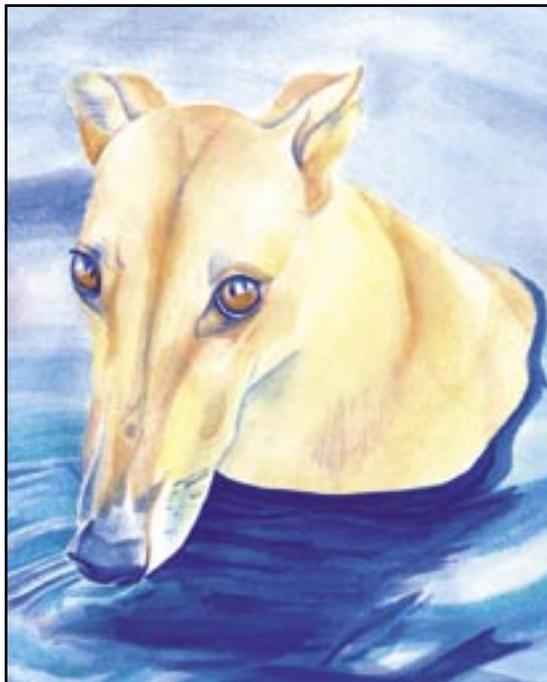


Illustration by Lesley Jones

TO THE TUNE OF "IF I ONLY HAD A BRAIN" FROM THE "WIZARD OF OZ"

As the Christmas season closes, we all have sad little noses because we are all alone.

We are hounds on a mission, and oh how we're wishing to find a happy home.

We love squeaking little toys, and playing with girls and boys, and even with the cat.

We can give lots of kisses to Mister and Misses, if we only had a home.

You can take us to the park, we hardly ever bark, but some of us do "roo".

We'll greet you at your door, and be happy evermore, if we only had a home.

We make a wonderful pet, a choice you won't regret, we'll give our hearts.

We are hounds on a mission, and oh how we're wishing to find a happy home!

Greyhound Sponsors

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Patricia Murray
Artist/Instructor

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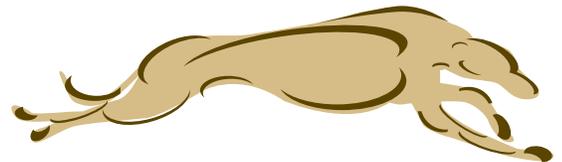


Illustration by Casey Jones



Fall Reunion Photo Contest Winner - Lotus

A big THANKS to our Santa Volunteers this year
Rick Brandt • Eric Harkness • Dr. Michael Lent
Alex Pax • Jerry Huffman (who did it twice!)
Brad Pritchett • Dr. Jack Quick



Painting by Alexandra Jones

Thank You for Your Generous and Continued Support!

Because of special people like you, AGR is able to continue to place hounds in new homes! As we take more and more new hounds off the track, to care for hounds with special needs, and to cover our boarding and veterinary costs, we ask for your continued support. We are a non-profit, all volunteer organization, and our continued existence depends on your help and generosity. Every dollar translates into food, shelter or medical treatment for a greyhound and is tax-deductible. Please use the form below to indicate your level of support.

- _____ \$150 GREYHOUND SAINT Sponsors a new greyhound, from track to adoption
- _____ \$100 GREYHOUND GUARDIAN Funds a spay or neuter
- _____ \$75 GREYHOUND ANGEL Provides a much needed medical and dental treatment
- _____ \$50 A HOUND'S BEST FRIEND Kennels and feeds a hound for two weeks
- _____ \$ _____ I'd like to contribute for the purpose of _____
- _____ \$ _____ Please accept this donation in the name of _____

Hound Showcase

Please send pictures of your adorable hounds to Elaine Seasy at guzziboy_mzgirl@email.msn.com or to Arizona Greyhound Rescue, 8987 E. Tanque Verde Rd., Suite 309/153.

See these beautiful greyhounds, and the whole AGR newsletter, in full color on our website, www.azgreyhoundrescue.org



Dean @ Graduation



Debbie



Baz



Pongo



Dean's Birthday



Thanksgiving



Arizona Greyhound and Animal Rescue Fund
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Tucson, AZ 85749

Nonprofit
Organization
US Postage
PAID
Permit 1298
Tucson, AZ

Address Service Requested

ALOHA

Arizona Greyhound Rescue

2002 Fall Reunion

By Dawn Melichar

On October 27, 2002 Arizona Greyhound Rescue held its Fall Reunion at Reid Park. It was a “greyt” success even if the weather was less than perfect. The theme was Hawaiian and many people and their greyhounds showed up in shirts, sunglasses and grass skirts and received free leis. Under the cloudy sky, greyhounds and their owners enjoyed an afternoon of shopping, games, and interesting lectures. People were able to buy some early Holiday gifts for their beloved greyhounds. The vendors include our returning favorite Paula Huter, the Hound Maid, whose warm coats were very popular since the temperature was dropping during the Reunion. Marsha Roe and Mik Wilkens, from Phoenix, not only came down with their items for sale but a whole crew of people and greyhounds. Marsha brought her beautiful leather items, collars, leashes, day timers and pillows (www.marshasmartingales.com). Mik displayed her artistic talent by providing Henna tattoos. My daughters, Gabby and Maddy, each got one and for two weeks I was the coolest Mom. Mik also does incredible portraits and felt masks for greyhounds (there is a picture on AGR’s website of my greyhound Snowy wearing a Dragon mask) (www.mikdesign.com). Kevin of Pet Design trimmed greyhound nails. Artist and AGR adopter Lesley Jones showed off her beautiful artwork, many that include her gorgeous greyhound Essie. Loren of Loren’s Pooper-Scooper Service provided his service at the Reunion. A.G.R. had many items to sell including wall and desk calendars, shirts, Christmas cards, books, note cards, soap, Entertainment Books, videos and Raffle tickets. The raffle and silent auction included items from Montana Dogware, Greyt Hound Hut, K-9 Designs, The Hound Maid, Wiggle, Wags & Whiskers, No Nude Hounds, PetsMart, Marsha’s Martingales, and Pet Design. Dr. Brad, AGR’s Adoption & Fostering Coordinator, set up a table to answered questions about greyhound behavior and to give valuable advice to adopters. AGR was pleased to offer two lectures. Adopters learned about canine chiropractic care from Dr. Gonzalez and Anna Lambert discussed using herbal products from Bach, the maker of Rescue Remedy (great for greyhounds that get upset during thunderstorms).



ALOHA

Arizona Greyhound Rescue

2002 Fall Reunion cont.

Arizona Greyhound Rescue wishes to thank everyone who braved the rainy weather to come out to have fun and give support to our organization. Besides providing fun, shopping and education, these events help raise money to offset the costs of the kennel, medical, food and general care that AGR deals with monthly. It is also a chance for people to get together and meet other people who are deeply in love with greyhounds. If you have some comments about this event, what you enjoyed or what needs improvement, please feel free to e-mail me at snowythegreyt@yahoo.com.



Check out all the “greyt” pictures from the Reunion on AGR’s website, www.azgreyhoundrescue.org.

Until next April 2003 when the Spring Reunion will happen, have a wonderful Holiday and a prosperous New Year!

Contest Winners

Photo Contest (Picture to be on AGR’s 2003 shirt)

Lotus – Trish & Bob Harvey (owners)



Guess Amount of Treats in Jar

Angela Grossi (her guess was 68 – the exact amount!)



Longest Tail

1st – Saxon
2nd – Kasino & Pharaoh

Heaviest Hound

1st – Buddy
2nd – Will & Saxon

Shortest Tail

1st – Mikey
2nd – Angel

Best Kisser

1st – Will
2nd – Lucy

Curliest Tail

1st – Micha
2nd – Saxon

Bobbing For Hot Dogs

1st – Mikey @ 16 seconds
2nd – Delilah @ 17 seconds

Tallest Hound

1st – Buddy
2nd – Finley

Best Smiles

Abby, Sicily, Jango & Pongo

Smallest Hound

1st – Pixel
2nd – Faith

Guests of Honor

Golden Greys
Angel – 12 years
Abby – 14 years
Ebony – 14 years

Barest Buns

1st – Will
2nd – Sicily

Disclaimer

All greyhounds are winners
& so are their owners!

